



What is Coasteering?

Coasteering is a fantastic coastal journey, scrambling across and around rock-pools and traversing close to the water's edge. It is a mixture of scrambling and climbing up and down some short easy climbs and swimming. Of course, there are also the jumps into the sea from various heights!

Whether it is a first-time adventure to get you used to swimming in the sea, with short scrambles at the water's edge, or you have lots of energy and adrenalin and want to try some of the bigger jumps, Anglesey Adventures can provide you with a truly exciting experience from start to finish.

Anglesey Adventures is a member of the National Coasteering Charter and all our instructors have years of experience delivering fun, safe coasteering sessions to all ages and abilities.

Coasteering sessions take place on the Island of Anglesey and Holy Island, with start times in the morning and the afternoon available.

What kit will I need?

We provide wetsuits, buoyancy aids, and water sport's helmets, plus group safety kit and highly experienced instructors who know the venues like the back of their hands.

You will need:

- Swimwear for under our wetsuit
- Long sleeved synthetic base layer or rash vest for under our wetsuit
- Thick socks
- Pair of trainers or boots with laces – closed toe
- Pair of board shorts to wear over our wetsuits
- Big Towel
- Waterproof camera (optional)
- Suncream (weather dependent)
- A plastic bag for your wet kit
- A sense of adventure and fun is essential!



IMPORTANT NOTE: Astro turf trainers and aqua/water shoes are not permitted for use during Coasteering under any circumstances, this is due to them having poor grip underfoot and therefore, potentially cause participants to slip on the rocks. Please get in touch if you are unsure of the appropriate footwear to bring.

We look forward to seeing you in Anglesey!!